

WINDHAM ACADEMY PUBLIC CHARTER SCHOOL
AUGUST/SEPTEMBER 2023 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
4 LABOR DAY	5 GF – CHEESEBURGER ON GF BUN DF – HAMBURGER ON BUN LAYS POTATO CHIPS FRESH FRUIT	6 GF - VEGGIES ON GF WRAP DF - VEGGIE WRAP CUCUMBER SLICES FRUIT CUP \\	7 GF - GF PASTA W/ SAUCE, CHICKEN & CHEESE DF - PASTA W/ SAUCE & CHICKEN CORN FRESH FRUIT	8 GF/DF EGG SCRAMBLE TATER TOTS FRUIT KETCHUP
11 GF – BBQ CHICKEN W/ JASMINE RICE DF – BBQ CHICKEN W/ JASMIN RICE CARROTS FRUIT CUP	12 GF – GF BEAN & CHEESE BURRITO DF – CHICKEN & BEAN BURRITO W/ RICE CORN SALSA FRESH FRUIT	13 GF – GF PASTA W/ SAUCE & CHICKEN DF - PASTA W/ SAUCE & CHICKEN MIXED VEGGIES FRUIT CUP	14 GF - SWEET CHICKEN ITALIAN SAUSAGE ON GF BUN W/ ONIONS & PEPPERS DF - SWEET CHICKEN ITALIAN SAUSAGE ON BUN POTATO WEDGES KETCHUP/ MUSTARD FRESH FRUIT	15 GF/DF EGG SCRAMBLE TATER TOTS FRUIT KETCHUP
18 GF - CHEESEBURGER ON GF BUN DF - HAMBURGER ON BUN TATER TOTS FRUIT CUP KETCHUP	19 GF - BBQ CHICKEN BREAST DF - BBQ CHICKEN WINGS POTATO WEDGES SUGAR SNAP PEAS FRESH FRUIT KETCHUP	20 GF - VEGGIES ON GF WRAP DF - VEGGIE WRAP LAYS POTATO CHIPS FRUIT CUP	21 GF - GF PASTA W/ SAUCE & CHICKEN DF - PASTA W/ SAUCE & CHICKEN BROCCOLI FRESH FRUIT	22 GF/DF EGG SCRAMBLE TATER TOTS FRUIT KETCHUP
25 GF - BBQ CHICKEN ON GF BUN DF - BBQ CHICKEN ON BUN LAYS POTATO CHIPS FRUIT CUP	26 GF - VEGGIES ON GF WRAP DF - VEGGIE WRAP CUCUMBER SLICES FRESH FRUIT	27 GF - GF MAC & CHEESE DF -PASTA W/ SAUCE & CHICKEN PEAS FRUIT CUP	28 GF/ DF SWEET & SOUR CHICKEN OVER JASMINE RICE BROCCOLI FRESH FRUIT	29 GF/DF EGG SCRAMBLE TATER TOTS FRUIT KETCHUP

* All Meals include choice of Milk.

ALL MENUS ARE SUBJECT TO CHANGE DF= DAIRY FREE GF= GLUTEN FREE

Before placing your order, please inform the school if you have a food allergy!