

Student Name \_\_\_\_\_

Teacher Name \_\_\_\_\_



**WINDHAM ACADEMY PUBLIC CHARTER SCHOOL  
JANUARY 2023 REGULAR MEAL**

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>HOLIDAY BREAK</b>	3 Chicken Tenders Rice Pilaf Corn Mandarin Oranges Ketchup <b>V BBQ Falafel</b>	4 Spaghetti and Meatballs Mixed Vegetables Pineapples <b>V Pasta with Sauce and Cheese</b>	5 Tater Tot Chicken Pot Pie Dinner Roll Fresh Fruit <b>V Veggie and Cheese Wrap with Chips</b>	6 Pancakes Sausage Hash Browns Fruit Syrup, Ketchup <b>V Tofurky</b>
9 Cheeseburger / Hamburger on Bun Lays Potato Chips Fresh Fruit Ketchup <b>V Veggie Burger on Bun</b>	10 Beaded Cheese Ravioli Marinara Dipping Sauce Green Beans Mandarin Oranges <b>V Same</b>	11 Chicken and Broccoli Alfredo with Pasta Dinner Roll Applesauce <b>V Veggie Alfredo with Pasta</b>	12 Corn Dog Potato Wedges Fresh Fruit Ketchup Mustard <b>V Cheese French Bread Pizza</b>	13 <b>NO SCHOOL</b>
16  <b>MARTIN LUTHER KING JR. DAY</b>	17 Chicken Cordon Bleu Bites Mashes Potatoes Carrots Applesauce <b>V BBQ Falafel</b>	18 Chicken, Cheese & Bean Burrito Corn Pineapples Salsa <b>V Cheese and Bean Burrito</b>	19 Pepperoni and Cheese Tortellini Bake Mixed Vegetables Fresh Fruit <b>V Cheese Tortellini Bake</b>	20 Pancakes Sausage Hash Browns Fruit Syrup, Ketchup <b>V Tofurky</b>
23 Breaded Chicken Sandwich Lays Potato Chips Mandarin Oranges Ketchup <b>V Veggie Burger on Bun</b>	24 Beef Empanada Spanish Rice Corn Pineapples <b>V Cheese Quesadilla</b>	25 <b>EARLY RELEASE</b>	26 Pepperoni French Bread Pizza Tater Tots Applesauce Ketchup <b>V Cheese French Bread Pizza</b>	27 Pancakes Sausage Hash Browns Fruit Syrup, Ketchup <b>V Tofurky</b>
30 Hot Dog on Roll Nacho Cheese Doritos Fresh Fruit Ketchup <b>V Veggie and Cheese Wrap</b>	31 Chicken Tenders Tater Tots Dinner Roll Mandarin Oranges Ketchup <b>V Cheese French Bread Pizza</b>			

\* All Meals include choice of Milk.

**Please check one:** Non-Fat Chocolate Milk  or 1% Skim Milk   
**ALL MENUS ARE SUBJECT TO CHANGE V= VEGETARIAN**

**Before placing your order, please inform the school if you have a food allergy!**